



2018

SUMMER SWIM LESSONS GENERAL INFORMATION

REGISTRATION

Registration is accepted at
Conway Recreation Center

1515 Mill Pond Road

Monday – Friday: 8:00 am – 7:00 pm

Saturday: 8:00 am – 5:00 pm

Sunday: 1:00 pm – 5:00 pm

You can register online 24/7 at ConwayParksandRecreation.com

CLASS DESCRIPTIONS

Parent – Toddler (6mo-3yrs): This water adjustment class helps young children become comfortable and introduces safety in and around an aquatic environment so they are ready to learn how to swim by themselves in future years.

Preschool (3-5yrs): This is an introduction to water skills for children that are ready to be in the pool without a parent or guardian. Basic swimming and water safety skills are taught and practiced.

Beginners: A class for children who are ready to learn necessary skills for swimming. This class will build upon the fundamentals of swimming and water safety to put your child in motion!

Intermediate: This class focuses on stroke development, improvement and water safety. This class is for children who have some swimming ability and have passed the beginners course.

Advanced: This class focuses on stroke improvement, refinement and water safety. Swimmers concentrate on mastering a variety of swimming strokes. This class is for those children who have passed the intermediate course requirements.

If you are unsure of the correct placement, please contact the Aquatics Coordinator. The instructor may require that a swimmer change classes to put swimmers in their correct ability group.

HOW MANY LESSONS ARE INCLUDED WHEN DO THEY MEET?

Morning Lessons

Classes meet **Tuesday, Wednesday, and Thursday** for 2 weeks for a total of 6 lessons.

Evening Lessons

Classes meet **Tuesday and Thursday** for 3 weeks for a total of 6 lessons.

Each lesson includes water safety skills. The Parent-Toddler and Pre-school classes are 30 minutes. The Beginner, Intermediate, and Advanced classes are 45 minutes.

CLASS TIMES

Morning Lessons

<u>Preschool:</u>	8am-8:30am
<u>Beginner:</u>	8:30am-9:15am
<u>Intermediate/Advanced:</u>	9:15am-10am

Evening Lessons

<u>Parent & Toddler:</u>	4pm - 4:30pm
<u>Preschool:</u>	4:30pm - 5pm
<u>Beginner:</u>	5pm - 5:45pm
<u>Intermediate/Advanced:</u>	5:45pm – 6:30pm

Swimmers and guardians ***MUST*** check-in at the CRC Front Desk. Participants should arrive no more

than 10 minutes prior to the start of the scheduled swim lesson. Participants must enter and exit through the locker rooms. *Registered participants may only enter the water when the swim lesson instructor has told them to do so. No one other than the registered participant may enter the swimming pool.*

HOW MUCH DO SWIM LESSONS COST?

CRC Members	\$20.00 per month
Resident	\$25.00 per month
Non-Resident	\$35.00 per month

WHAT EQUIPMENT DOES MY CHILD NEED FOR SWIM LESSONS?

Swimmers need a swim suit and a towel. All swimmers should have their hair secured away from their face.

Goggles, nose clips, and swim caps are available for purchase at the CRC Front Desk.

All children who are not toilet trained must wear a swim diaper. Swim diapers are available for purchase at the Front Desk.

WHERE WILL THE SWIM LESSONS BE HELD?

Swim Lessons are held at the Conway Recreation Center Pool.

WHEN YOU ARRIVE FOR SWIM LESSONS

Check-in at the Conway Recreation Center Front Desk. You may then continue to the locker rooms to dress in the appropriate swim attire.

You may enter the pool deck through the locker rooms. You may wait on the bleachers and the instructor will come and get the participants at the start of the class. At the end of the swim lesson, exit the pool through the locker rooms. Check that all swimmers have dried before exiting the locker rooms, and then exit the facility.

INCLEMENT WEATHER

In the event thunder/lightning occurs immediately before or during lessons. The pool will close for 30 minutes after the last sound/sighting of thunder and lightning.

Swim lessons that were not completed due to inclement weather will be rescheduled by the Aquatics Coordinator. Normal make-up days are Tuesday, Thursday, and Saturdays.

HOW DO I FIND OUT IF SWIM LESSONS HAVE BEEN CANCELLED OR POSTPONED?

Call the Conway Recreation Center at 488-1950 or



**Conway Parks, Recreation and Tourism
&
Conway Recreation Center**



Conway PRT

WHO DO I CONTACT FOR SPECIFIC QUESTIONS ON SWIMMING?

June R. Wood, Aquatics Coordinator, is responsible for the Swim Lessons and Instructors. She can be reached at (843) 488-7686 or by email at jwood@cityofconway.com.